

## Garden Clinic Clocks

Saturday and Sunday 0600 to 0800 - EST or EDT when applicable

0600 to 0700	Cmd	Description	Satellite 102
:00:00	-	LOCAL News Theme window	
:00:08	-	<b>News – refer to the separate news schedule for relevant commands</b>	
:07:00	-	Show starts/resumes on theme	
:15:00	1	LOCAL 3:10 commercial break window	
:22:00	1	LOCAL 3:10 commercial break window	
:29:55	4	LOCAL 0:05 news credit	
:30:00	-	LOCAL News Theme window	
:30:08	-	<b>News – refer to the separate news schedule for relevant commands</b>	
:37:00	-	Show resumes on theme	
:42:00	1	LOCAL 3:10 commercial break window	
:47:00	1	LOCAL 3:10 commercial break window	
:59:50	4	LOCAL 0:05 news credit	
0700 to 0800	Cmd	Description	
:00:00	-	LOCAL News Theme window	
:00:08	-	<b>News – refer to the separate news schedule for relevant commands</b>	
:07:00	-	Show starts/resumes on theme	
:15:00	1	LOCAL 3:10 commercial break window	
:22:00	1	LOCAL 3:10 commercial break window	
:29:55	4	LOCAL 0:05 news credit	
:30:00	-	LOCAL News Theme window	
:30:08	-	<b>News – refer to the separate news schedule for relevant commands</b>	
:37:00	-	Show resumes on theme	
:42:00	1	LOCAL 3:20 commercial break window	
:47:00	1	LOCAL 3:10 commercial break window	
:59:50	4	LOCAL 0:05 news credit	

We recommend scheduling one additional break in each hour; reset breaks at top of hour.